



Part
5

Temptation

This week Pastor Ken continued the series called Living on a Prayer. We are looking together at a prayer that we can live our life by. It is the pattern that Jesus gave us known as The Lord's Prayer. So gather some friends or family or go through these points alone each week and let's grow together.

This, then, is how you should pray: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one."
Matthew 6:9-13

1. Everyone has an area where they are weak or vulnerable. The devil knows this and it is where he will typically attack you. But with the help of Jesus we can find victory (read 1 Corinthians 10:13). We cannot do it on our own; we need God's help.
2. Pastor Ken shared that one way that we can resist temptation is to turn up the music of joy in our heart (read 1 John 1:4; Philippians 4:4; Psalm 16:11; and Nehemiah 8:10). If you have lost your joy, ask God to restore it and if it is low, ask Him to increase it.
3. Another way he shared to resist temptation is to tap into the strength of community. Satan's favorite strategy is isolation. If he can get you alone, you will be defeated. But there is strength and victory in community. That is why The Lord's Prayer that we are looking at in this series uses the words "Our Father", "give us", "forgive us", and "deliver us". We are better together, so stay connected to your brothers and sisters in Christ.
4. Jesus is our example and He defeated the enemy by taking up the sword of the Spirit, which is the Word of God (Read Matthew 4:1-11).
5. What is your greatest weakness? Ask God to give you strength, stay connected to others, and use the Word of God when you are tempted. Memorize Scripture verses that speak to this weakness so you can quote it to the enemy when tempted, just like Jesus did.

Close in Prayer