

SERMON OUTLINE

Part
1

The Butterfly Effect

Small steps of faith can transform your life physically

I hope all is well with you and that you are as healthy in body as you are strong in spirit. — 3 John 1:2, NLT

Theology of body

A. Story of creation

The time came when the Lord God formed a man's body from the dust of the ground and breathed into it the breath of life. — Genesis 2:7 - NLT

B. The resurrection of the dead

By his power God raised the Lord from the dead, and he will raise us also. — 1 Corinthians 6:14, NIV

C. The dwelling place of God

Do you not know that your bodies are temples of the Holy Spirit? — 1 Corinthians 6:19, NIV

Express gratitude for the body you have

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. — Psalm 139:14, NIV

Take care of the body that you have

"All things are lawful," but not all things are beneficial. — 1 Corinthians 10:23, NRSV

Live honorably with the body you have

Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God. Romans 6:13, NLT

Memory Verse: *Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you.* — Matthew 17:20, NIV