

# THE BUTTERFLY EFFECT

HOW SMALL STEPS OF FAITH  
CAN CHANGE EVERYTHING



Part  
3

## Changing Our Thinking

This week Pastor Ken continued his series called *Butterfly Effect*. We are looking together at how small changes on the inside can make big changes on the outside. So gather with your family or go through these points alone each week and let's grow together.

*And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.*  
Romans 12:2

1. Let God define who you are not other people (read Romans 8:6).
2. Changing the way, you think about a situation can take you from being the victim to becoming a victor, just like the Apostle Paul (read Philippians 1:12-18).
3. What you feed your mind repeatedly over time deeply influences the way you think (read Psalm 1:1-3). What have you been feeding your mind? Feed your mind with Scripture when you get out of bed in the morning, for lunch, and before you go to bed at night. Write your favorite scriptures down or ones that speak to your challenges and memorize them, then throughout the day you can quote them and remind yourself and transform your mind (change comes from the inside out).
4. Get rid of the bad thoughts that you are dwelling on and replace them with good thoughts (read Philippians 4:8 and 2 Corinthians 10:5). What thoughts do you need to get rid of?
5. We were meant to fly, once you believe it in your mind you can see it on the outside.

Close in prayer