



Part
2

Putting Others First

This week Dr. Wayne continued the series *The New Normal*. We are looking together at the book of Philippians and how to have joy when life is difficult and challenging. So gather with your family or go through these points alone each week and let's grow together.

Rejoice in the Lord always; again I will say, rejoice! Philippians 4:4

1. Dr. Wayne explained that we are to put others first because Jesus as our example put you first (read Philippians 2:3-5). Doing this is the opposite of what comes naturally for us but we can only do it with God's help. What are some ways that you can put others first?
2. As Christians one of our key values is being rooted and grounded in love, because loving actions are what people should see in our lives, just like Jesus (read 1 John 2:6).
3. How can we look at the interests of others? Jesus gave us a good example in a story that he told (read Luke 10:25-37 and 1 John 3:16-18). We can use what we have received (gifts, opportunities, abilities, blessings) to be a blessing to others. Think of someone that you could bless in some creative ways this week and then plan how you will do so.
4. Think about the actions of your life – are they all about you, your family, your friends, or do you also love your neighbor? What is one thing that you could do this week to change the way you act to include others, especially your neighbors?
5. In any relationship, whether it's in marriage, or family, or friendship, the family of God, or in your community. Pride divides, humility unites. Humility is loving God and loving other people. It is thinking about God and other people more than yourself.

Close in prayer