

OVERCOMING LONELINESS

IN A SOCIAL DISTANCING WORLD



Part 5

No One Stands Alone

This week Dr Wayne finished the series called *Overcoming Loneliness in a Socially Distanced World*. We looked together at how to stay connected to God and with others in our technology-driven world. We hope that you had a positive experience as you gathered with your family, your friends on-line, or maybe you went through the points alone.

The LORD God said, “It is not good for the man to be alone... Genesis 2:18

1. God gave us emotions to act as a thermometer to inform us and not as a thermostat to control us. He intended our emotions to be a messenger of the present state of our heart. Emotions tells us that we need to pay close attention to something before it gets worse.
2. In every emotion, God gives a revelation of Himself. We can see this in the life of Ezekiel in the Bible. He was a prophet and in the midst of his isolation and social distancing the Lord gives Him a revelation (Ezekiel 48:35). The emotion of loneliness is intended to reveal that God is present. The most important thing that you need to know about dealing with loneliness is that the Lord is with you (read Isaiah 41:9-10 and Matthew 28:18-20).
3. Ezekiel’s message was, God knew you were coming, that’s why I’m here. Ezekiel was prepared to minister to those who were taken away to Babylon. All of our experiences, disappointments, and wounds become a source of life for others (read Romans 15:13 and 2 Corinthians 1:3-4).
4. God has strengthened you so that you can strengthen others. Who has He prepared you to minister to? Take some time right now to explore this with each other.
5. God’s desire is that we don’t stop meeting together (read Hebrews 10:23-25). The church is about connecting and the different “one anothers” that we looked at recently. Because this is difficult during this pandemic, starting next week for seven weeks we have a campaign called ***No One Stands Alone***. We will meet in groups for 30 minutes online to connect, discuss the sermon and pray for one another. We hope that you will join us for this special time. Contact the church for more information.

Close in prayer