



Part  
3

## Standing Firm with Readiness

This week Pastor Ken continued the series *Stranger Things: Winning the Battle with the Upside Down*. We are looking together at the struggle between good and evil and how to use each piece of the armor of God to resist the enemy. So gather with your Cathedral family on Zoom or other video platform and let's grow together.

*For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore, put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.*  
Ephesians 6:12-13

1. Shoes have two purposes: protect your feet from heat, cold, thorns, rocks, etc. and give you traction so you don't slip and fall down. The third piece of armor are the shoes of readiness that comes from the gospel of peace (Ephesians 6:15).
2. The first way to put on the shoes is by making peace with God (read Romans 5:1). This is done when you put your faith in Christ. Have you made your peace with God? If not, you can do it right now.
3. The second way to put the shoes on is when you receive your peace of mind from God (read John 14:27; Colossians 3:15; and Philippians 4:7). Do you have fear or anxiety in your heart or the peace of God? How can we put on the peace of God instead of fear and anxiety? List some ways to be filled with the peace of God in your daily circumstances.
4. The third way that Pastor Ken gave us to put on the shoes is to plant seeds of peace by praying, working and striving for peace. Have a discussion about the many ways that you can plant seeds of peace in our families, communities, and world today.

Close in prayer