



# soundtrack

What would Jesus stream?

Part  
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## Road Trip Remix

This week Dr. Wayne started our new series called *Soundtrack*. Jesus grew up knowing and singing the Psalms and it is our prayer that as we look together at how you can experience them too that you will be blessed. So, gather with your family or go through these points alone each week and let's grow together.

*Blessed are those whose strength is in You, whose hearts are set on pilgrimage.  
They go from strength to strength.* Psalm 84:5, 7

1. One of the Pilgrimage Psalms, also known as Psalms of Ascent is Psalm 84. Every Israelite, including Jesus, would have learned them as children and sang them on their way to Jerusalem. Every year of His life Jesus made His way to Jerusalem during the Passover (Luke 2:22, 41-42; John 2:12, 5:1, 10:22 and 12:12). Read Psalm 84 now.
2. The sons of Korah (who wrote this psalm and 11 others) didn't let their past or their heritage limit what they were to become. Like the sons of Korah, don't keep going over your past but focus on moving forward (read Isaiah 43:18-19 MSG). Where were you when Jesus found you? What did Jesus, or even, what is Jesus, bringing you from? It could be a struggle, mistake, abuse, trauma, or family situation. Let it shape not trap you.
3. In life, there will be circumstances that are beyond our control, but we must put our confidence in God and set our heart on the journey or pilgrimage and move forward.
4. Singing praise and receiving God's strength are linked (read Psalm 59:17 and 118:14). We find joy in the presence of God by choosing praise and digging blessings out of hardships. We can miss the miracle or blessing that God has for us by focusing on getting out of hardship instead of enjoying His presence and praising Him (read Isaiah 41:18).
5. End your time today by giving your past to God, receiving forgiveness and His strength by praising Him, and setting your heart on the journey that God has for you.

Close in prayer