



Part
2

Recovering Wholeness

This week Pastor John continued the series *Recovery Plus*. This last year there was so much that was lost but the God we serve is a recovery plus God. We are looking together at how to recover what has been lost by God's grace and mercy. So, gather with your family or go through these points alone each week and let's grow together.

The Lord says, I will give you back what you lost... Joel 2:25 NLT

1. Emotions are an expression of our hurts, pain, sadness, and loss. Things that injure our heart and soul. When these hurts become wounds and take control of us it results in problems and eventually spiritual death.
2. Satan's strategy is to hit you with wound after wound until all the wounds steal the blessings in your life, kill your faith, and destroy your relationship with God (read Luke 22:31-32; John 10:10; and Romans 8:34).
3. The wounds the enemy hits us with do not have to destroy us, instead they can teach us, humble us, and God promises to heal us. Wounds can destroy our joy, peace, and sleep at night. When God heals, forgives, and restores, our scars tell the story of what God has done (read Psalm 40:2; Isaiah 30:26; and 1 Peter 5:10).
4. Are you wounded, hurt, offended, or ashamed? God can heal you by realizing that others have also been wounded, discover where it hurts, admit you are wounded, eliminate where the wound came from and ask God for healing and restoration.
5. Psalm 147:3 says that God heals the brokenhearted and binds up their wounds. Bring your wounds to God and ask Him to make you whole again.

Close in Prayer